



Dear friends and supporters of EFCNI,

Summer is coming to an end, which always heralds the start of congress season. At EFCNI, we are therefore finalising preparations for the jENS congress in Rome this upcoming September. Those who will attend will have the opportunity to meet us in several sessions and workshops as well as at our booth, we would be delighted to see you there!

In addition, we have also been busy with some internal changes, such as a personnel update in our Parent and Patient Advisory Board. Likewise, we have reorganised our scientific department, which means from now on the European Standards of Care for Newborn Health will be represented by their own department.

In August, we also devote special attention to the topic of newborn nutrition and would like to highlight our campaigns in the field of parenteral nutrition and the latest scientific findings on breastfeeding.

Many thanks for your continuous support!

Please stay healthy and safe,

Silke Mader and the EFCNI team

EFCNI



MEMBER UPDATE

Changes in EFCNI's Parent and Patient Advisory Board

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Due to changes in her career, our much-appreciated friend and partner Alison McNulty has taken on a new challenge as National Director for the Red Cross and is therefore stepping

down from the EFCNI Parent and Patient Advisory Board. We thank Alison very much for the great collaboration, her long-term support and trust in our shared goals, and her extremely valued commitment over the past years in our community as well as the Parent and Patient Advisory Board! We wish Alison all the best for her new adventure. At the same time, we are happy to welcome Doris Mollel as a successor in this position and our newest member of the Parent and Patient Advisory Board. Doris, born preterm with just 900g herself, is known for her dedication to improving healthcare for infants born too soon. She is the founder and Executive Director of the Doris Mollel Foundation and a co-founder of Tiba Labs. operating in Tanzania. We are very much looking forward to our future collaboration!

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ORGANISATIONAL UPDATE

The European Standards of Care for Newborn Health are now represented by their own department

With increasing complexity and a wide range of tasks, it was time to add a department to the organisational structure of EFCNI, solely dedicated to the European Standards of Care for Newborn Health (ESCNH). We are pleased to announce that Isabel Geiger, Senior Project Manager of the ESCNH, will lead this department from now on. To complement the current team, we are in the process of recruiting new project managers. We feel fortunate to have the opportunity to set up our team in this way and are convinced that this will be very beneficial for the project and all those involved.

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MEET EFCNI AT THE JENS CONGRESS

5th Congress of joint European Neonatal Societies welcomes you in Rome

It is our pleasure and honour to be the co-organiser of the jENS Congress for the fifth time. This congress will always be a special one for us, as it brings together healthcare professionals and parent and patient representatives to share and learn from each other. Our suitcases are packed and we are looking forward to welcoming you in Rome at our booth and in our sessions!

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WORLD PREMATURETY DAY

small actions BIG IMPACT: immediate skin-to-skin care for every baby everywhere

As World Prematurity Day on 17 November is approaching, the global theme has been launched. With “small actions BIG IMPACT: immediate skin-to-skin care for every baby everywhere” we will raise awareness for Kangaroo Mother Care (KMC) and skin-to-skin contact. Campaign material will be provided shortly, so let’s mark the date in your calendar and make this day a great and special one!

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NEW INTERVIEW ON PARENTERAL NUTRITION

What parents should know about parenteral nutrition and how healthcare professionals can communicate it

For our latest campaign to improve information management in the NICU, particularly in the area of parenteral nutrition, we were in direct exchange with a mother whose son required parenteral nutrition while in the NICU. Her experiences show how a non-judgmental, holistic culture of communication between parents and medical experts positively impacts the NICU stay, the treatment, and follow-up after discharge.

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UPDATE AVAILABLE

Launch of updated EFCNI Factsheet “Breastfeeding a preterm baby”

We are delighted to share that our updated factsheet “Breastfeeding a preterm baby” has been launched to coincide with World Breastfeeding Week in early August. Supported by Professor Mary Fewtrell and Ilknur Okay, it highlights the importance and benefits of breastfeeding for preterm babies. Moreover, it aims to help caregivers and parents overcome the challenges associated with breastfeeding and to facilitate informed decision-making about the provision of mother's own milk (MOM).

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MIDWIFE CONGRESS IN SULZBACH, GERMANY

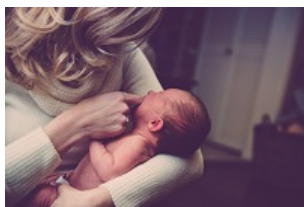
The importance of protection and care in the first 1,000 days

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The congress aims to strengthen the role of the midwife in providing a good start in life for babies. It takes place on 20 October 2023 in Sulzbach near Frankfurt, Germany where the possibilities of useful and effective preventative measures will be discussed by experts from different fields. EFCNI's chairwoman and co-founder Silke Mader will present on how to interact fruitfully with parents of babies born preterm or sick. Tickets are still available. Please note that the congress and all related further information is in German.

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Science



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HUMAN MILK FORTIFICATION

New possibilities for preterm infant nutrition: Study highlights the benefits of human milk-derived fortifiers

Traditionally, fortifiers derived from cow milk were considered the standard, but concerns have emerged about their nutritional adequacy. A recent study at the University Maternity Hospital Limerick has now unveiled the potential of Human Milk-Derived Fortifiers (HMDF). Results showcase HMDF's superiority in enhancing nutritional content and improving health outcomes. Fresh mother's own milk fortified with HMDF and given early, enterally, and exclusively (3E) was recognised as an optimal nutritional approach for preterm infants. Our partner parent organisation, the Irish Neonatal Health Alliance (INHA), was involved in the study from start to finish.

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PREGNANCY HEALTH

EndObesity research project announces plans for scoping review to analyse why lifestyle interventions during pregnancy often fail

Lifestyle factors during preconception, pregnancy, and early childhood can increase the risk of childhood obesity. However, lifestyle interventions targeting the stages of preconception and pregnancy have yielded mixed outcomes. A scoping review protocol by the EndObesity project wants to elucidate why

interventions do not seem to show the desired results of preventing obesity in children. The comprehensive six-stage approach involves stakeholders from diverse fields and countries. As a third-party collaborator, EFCNI will participate in various consultation stages. The review's forthcoming publication wants to engage researchers, families, and practitioners invested in maternal and newborn health.

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EFCNI-Academy



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EFCNI ACADEMY

Learn and share for better care

Kangaroo Mother Care (KMC), Retinopathy of Prematurity (ROP), enteral preterm nutrition, and many more topics on neonatal health can be found on our EFCNI Academy page. This international education programme for healthcare professionals provides high-quality trainings and materials on maternal and newborn health, ranging from workshops and seminars to factsheets and videos.

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GLANCE - Global Alliance for Newborn Care



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BREASTFEEDING IN EMERGENCY SETTINGS

Case study shows: breastfeeding can save lives

This year's World Breastfeeding Week focused on how parents can integrate breastfeeding into their professional lives without compromising their baby's nutrition. Save the Children, a supporter of GLANCE's "Zero Separation" campaign, took this opportunity to draw attention to the precarious situation of parents and babies in crisis areas. It is not the daily work routine but war or environmental disasters which pose major obstacles to maintaining breastfeeding. An informative case study from Mozambique shows how help can be provided locally and remotely and how such measures could eventually save hundreds of thousands of infants and toddlers from death.

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The EFCNI 2023 policy and advocacy training workshop for patient and family representatives is supported by a restricted grant from Pfizer.

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