

E-Learning Module
Duration: min. 2 hours

Enteral Preterm Nutrition

Human milk for preterm infants: Making it work in practice

Welcome

The importance of enteral preterm nutrition as a means of minimising morbidities, and ensuring growth and disease prevention for newborn infants is undisputed. However, strong diversity regarding the implementation of this recommendation in healthcare practice remains to be a challenge.

It is therefore with great pleasure that we invite you to complete our e-learning module in the field of Enteral Preterm Nutrition. By better understanding the importance of human milk for infant health, it will be possible to improve health outcomes of newborn infants on a short- and long-term basis. Experienced high-level speakers provide you with up-to-date insights on this important topic.

We are very much looking forward to your participation!

Best regards



Silke Mader
Founder and Chairwoman
of the Executive Board



Prof. Luc Zimmermann
Senior Medical Director



Scientific Programme

Welcome and introduction

Moderator: Professor Christoph Härtel, University of Würzburg Children's Hospital, Germany

The importance of mother's own milk and its impact for preterm and sick newborns

Professor Tanya Cassidy, Dublin City University, Ireland

National human milk strategy: needs, components and implementation

Professor Roy Philip, University Maternity Hospital Limerick and Medical School University of Limerick, Ireland

Actual situation of the COVID 19 pandemic and providing human milk

Dr. Aleksandra Wesolowska, Medical University of Warsaw, Poland

The microbiome and its effects on neonatal outcome

Dr. Alexander Humberg, University Hospital of Schleswig-Holstein, Campus Lübeck, Germany

Panel discussion and summary

Module assessment

Learning Goals

- Understanding the value of human milk distribution and usage policy in a country
- Understanding the role of human milk nutrition in establishing and promoting a healthy microbiome in preterm infants
- Understanding the impact of COVID-19 on the provision of human milk
- Realizing that from current scientific data dysbiosis is an important key factor in promoting an inflammatory environment leading to diseases of the preterm infant, which may impact the long-term outcome
- Understanding the importance of mother's own milk, especially for vulnerable neonates



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Further Information



Watch the E-learning Module

Access video: <https://youtu.be/8dGDsTdaY8s>

Learn more: <http://www.efcni.org/activities/efcni-academy/enteral-preterm-nutrition>



Target group

This e-learning module is designed for junior to senior level healthcare professionals in general and medical specialists and nursing staff working in the field of paediatrics, neonatology or infant nutrition in particular, and those wishing to update their scientific knowledge on the topic.



Technical settings

The e-learning module is accessible via PC/laptop and tablets. The use of a smartphone is not recommended. A high-speed internet connection is required.

Organiser

EFCNI european foundation for
the care of newborn infants

European Foundation for the Care of Newborn Infants (EFCNI)
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This programme is supported by Prolacta Bioscience in the form of an unrestricted educational grant. The scientific programme has not been influenced in any way by its sponsor.