

E-Learning Module
Duration: min. 2 hours

Enteral Preterm Nutrition

Human Milk for preterm infants: Achieving optimal growth and outcomes

Welcome

The importance of enteral preterm nutrition as a means of minimising morbidities, and ensuring growth and disease prevention for newborn infants is undisputed. However, strong diversity regarding the implementation of this recommendation in healthcare practice remains to be a challenge.

It is therefore with great pleasure that we invite you to complete our e-learning module in the field of Enteral Preterm Nutrition. By better understanding the importance of human milk for infant health, it will be possible to improve health outcomes of newborn infants on a short- and long-term basis. Experienced high-level speakers provide you with up-to-date insights on this important topic.

We are very much looking forward to your participation!

Best regards



Silke Mader
Founder and Chairwoman
of the Executive Board



Prof. Luc Zimmermann
Senior Medical Director



Scientific Programme

Welcome and introduction

Moderator: Professor Angelika Berger, Medical University of Vienna, Austria

Nutrition and development of the brain: the potential impact

Professor Anita Truttman, Lausanne University Hospital, Switzerland

How can we improve the outcome of IUGR babies/ link to optimal nutrition

Dr. Juliane Tautz, University Hospital Düsseldorf, Germany

Improving outcomes of VLBW infants by optimising the use of human milk

Dr. Amy Hair, Baylor College of Medicine, Texas Children's Hospital, USA

Cardiac and vascular outcomes

Professor Ursula Kiechl-Kohlendorfer, Medical University of Innsbruck, Austria

Panel discussion and summary

Module assessment

Learning Goals

- Understanding the impact of optimal nutrition on neurological outcome
- Knowing how to improve and optimise nutrition of IUGR babies
- Being able to describe the benefits of the use of human milk for very low birth weight infants
- Having a better understanding of preterm birth and cardiovascular outcome in later life



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for the care of newborn infants

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Further Information



Watch the E-learning Module

Access video: <https://youtu.be/kDnma6Sdjo0>

Learn more: <http://www.efcni.org/activities/efcni-academy/enteral-preterm-nutrition>



Target group

This e-learning module is designed for junior to senior level healthcare professionals in general and medical specialists and nursing staff working in the field of paediatrics, neonatology or infant nutrition in particular, and those wishing to update their scientific knowledge on the topic.



Technical settings

The e-learning module is accessible via PC/laptop and tablets. The use of a smartphone is not recommended. A high-speed internet connection is required.

Organiser

EFCNI european foundation for
the care of newborn infants

European Foundation for the Care of Newborn Infants (EFCNI)
Hofmannstr. 7a, 81379 München

event@efcni.org
www.efcni.org
www.facebook.com/efcni

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