



Dear friends and supporters of EFCNI,

We are looking back on eventful weeks, since the EFCNI Academy launched intriguing new content and events. Two newly developed factsheets, one on ROP and the other on thermoregulation for instance. In addition, the webinar series "Enteral Premature Infant Nutrition" was held – virtually and very successfully. Thanks to our hosts, speakers and all participants! On a personal note, we'd like to remind you to take part in our COVID-19 parent survey. Participation is still possible and we cordially invite you to join in!

Enjoy reading our newsletter and stay safe and healthy!

Silke Mader and the EFCNI team

## EFCNI



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### NEONATAL PARENTERAL NUTRITION

#### The role of quality improvement and risk management

In an insightful interview, Professor Nicholas Embleton shares his views and experiences on means of quality improvement and how a blame-free culture can contribute to efficient risk management when administering parenteral nutrition to hospitalised neonates.

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### KLEINES KNÖPFLEIN- FRÜH(CHEN) BENÄHT

#### Tiny clothes for tiny babies



©Kleines Knöpflein

The Austrian association “Kleines Knöpflein- früh(chen) benäht” sews clothes in tiny sizes to offer parents with preterm born babies the possibility to dress their infant in safe and fitting clothes. More info about this initiative (in German) on our website.

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WORLD PREMATURETY DAY 2020

## New campaign material

In collaboration with our global parent- and patient community we developed social media graphics, banners and more for this year's World Prematurity Day, 17 November. The new material is available for download on our website, so please feel free to get your graphics for your own communication and activities and be part of this global movement.

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## Network



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WHO SUMMIT

## New recommendations to tackle the problems of the COVID-19 pandemic

The Lancet COVID-19 Commission compiled recommendations to cover four global challenges that have become pressing issues during this time of the pandemic such as preventing the spread of the virus, tackling poverty, public and private financial aid, and patching the world's economy.

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LAUNCH OF NEW PROJECT

## How to find the right follow-up centre in Romania

We are happy to share the news about the project PURPLE PAGES by Unu si Unu Association, one of our partner parent organisations. Parents from Romania can now use the search platform PURPEL PAGES (Ro: PAGINI MOV) to easily find the best recovery centres for their children.

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## EFCNI-Academy



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### THERMOREGULATION

## New factsheet on thermoregulation in preterm babies out now

Read about the latest findings about why and how to control a preterm born baby's body temperature. Focused on the crucial first day of life, the main ways newborns lose heat and how to prevent this, are explained in our newly factsheet about thermoregulation.

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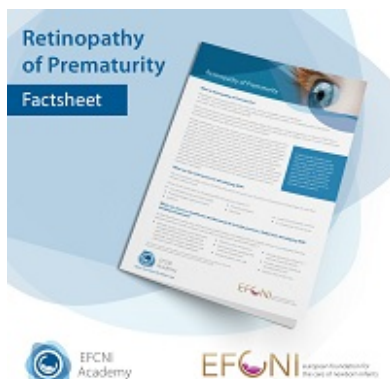
### WEBINAR SERIES

## Webinars on "Enteral Preterm Nutrition" soon available as e-learning material

Three new webinars in the field of "Enteral Preterm Nutrition" took place as part of the EFCNI Academy. We would like to thank the moderators and speakers for their valuable input and inspiring talks, as well as the participants for their active contribution to the discussions.

The recorded videos will be available as e-learning material on our website early 2021. Stay tuned for updates!

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### RETINOPATHY OF PREMATUREITY

## Factsheet about ROP now available in English and German

To promote the correct diagnosis, treatment and preventive measures to combat child blindness and help protect the eyesight of preterm infants, we developed a new factsheet about Retinopathy of prematurity (ROP) in collaboration with known experts in ophthalmology. The factsheet is now available for download in English and German.

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### FOLLOW-UP ASSESSMENTS

## Set of assessments for follow-up evaluations of adults born preterm

The Adults Born Preterm International Collaboration (APIC) has released a set of Common Core Assessments for follow-up evaluations of adults who were born prematurely. To investigate health outcomes further, comparability of follow-up measures is crucial. The recommendations of APIC will help gather consistent measures to ensure cohesive datasets and therefore enable researchers to conduct significant and international studies on the outcomes of preterm birth in later adulthood.

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### VIDEO INTERVIEW

## Decreasing number of preterm births during the lockdown

Unbelievable but true: during the lockdown, Professor Roy K. Philip and his team at the University Maternity Hospital in Limerick observed a decrease in preterm births of more than 73%. In a video interview, Professor Roy K. Philip explains possible reasons for this phenomenon.

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## European Standards of Care for Newborn Health



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### THANK YOU

## Long-term supporters of a large scale project

We would like to thank our long-term supporters AbbVie, Nestlé Nutrition Institute and Takeda for supporting the European Standards of Care for Newborn Health project in 2020. Being two years in the implementation process, we are soon reaching the first life cycle revision of the standards. We are grateful for the support we received throughout the years from our partners who gave us the security to work independently on this important project.

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### RESEARCH PRIORITIES



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## Top research priorities for preterm birth

Since research questions are usually designed by researchers themselves, they sometimes lack to answer important questions from patients, clinicians and members of the public. This is why a new survey was designed to find the most urgent and relevant research questions involving clinicians, researchers and people affected by preterm birth in the United Kingdom and Ireland.

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©Cynthia van der Starre

### PATIENT SAFETY

## How patient safety and quality improvement in neonatal intensive care can work

Over the last twenty years, the importance of patient safety and quality improvement in the medical field has steadily increased - especially in the context of preterm born babies. What is crucial when it comes to patient safety in neonatal intensive care? In a guest article Dr. Cynthia van der Starre describes common challenges of patient safety in the neonatal context and explains what health care professionals should focus on.

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### EDUCATION AND TRAINING

## Medical Training in times of COVID-19

The article "SARS-COV-2 epidemic and medical training: Unnecessary risk or indispensable duty" by Schwindt et al covers the pressing question on how to safely conduct life-saving medical trainings during the pandemic. The authors explain the importance of training complex medical situations and point out important characteristics for a safe and successful training environment in times of COVID-19.

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## GLANCE - Global Alliance for Newborn Care

### SUPPORT LUNG HEALTH

## New campaign topic, new campaign material

With the RSV-season starting in many regions and countries, the Zero separation campaign dedicates October and November to the topic of lung health, the possible long-term consequences of lung diseases and the importance of preventive measures also in times of the pandemic.



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BE PART OF OUR RESEARCH

## COVID-19 parents survey still open for participation

This survey explores the parental perspective related to neonatal intensive care during the pandemic and aims to provide unique insights to the experienced challenges of parents in this situation. The results shall identify strengths and weaknesses of the care provision in context of the crisis response. To be able to draw conclusions for future emergency situations and the impact on neonatal care we ask for your participation! For maximum accessibility the study is available in 21 languages.

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