

E-Learning Module 3  
Duration: min. 2 hours

# Enteral Preterm Nutrition

Human Milk for preterm infants: Achieving optimal growth and outcomes

## Welcome

The importance of enteral preterm nutrition as a means of minimising morbidities, and ensuring growth and disease prevention for newborn infants is undisputed. However, strong diversity regarding the implementation of this recommendation in healthcare practice remains to be a challenge.

It is therefore with great pleasure that we invite you to complete our e-learning module in the field of Enteral Preterm Nutrition. By better understanding the importance of human milk for infant health, it will be possible to improve health outcomes of newborn infants on a short- and long-term basis. Experienced high-level speakers will provide you with up-to-date insights on this important topic.

***This module is CME accredited by the European Accreditation Council for Continuing Medical Education (EACCME).***

We are very much looking forward to your participation!

Best regards



Silke Mader  
Founder and Chairwoman  
of the Executive Board



Prof. Luc Zimmermann  
Senior Medical Director



## Scientific Programme

### Welcome and introduction

*Moderator: Professor Angelika Berger, Medical University of Vienna, Austria*

### Nutrition and development of the brain: the potential impact

*Professor Anita Truttman, Lausanne University Hospital, Switzerland*

### How can we improve the outcome of IUGR babies/ link to optimal nutrition

*Dr. Juliane Tautz, University Hospital Düsseldorf, Germany*

### Improving outcomes of VLBW infants by optimising the use of human milk

*Dr. Amy Hair, Baylor College of Medicine, Texas Children's Hospital, USA*

### Cardiac and vascular outcomes

*Professor Ursula Kiechl-Kohlendorfer, Medical University of Innsbruck, Austria*

### Panel discussion and summary

### Module assessment

## Learning Goals

- Understanding the impact of optimal nutrition on neurological outcome
- Knowing how to improve and optimise nutrition of IUGR babies
- Being able to describe the benefits of the use of human milk for very low birth weight infants
- Having a better understanding of preterm birth and cardiovascular outcome in later life



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for the care of newborn infants

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European Society  
for Paediatric Research



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### Information & Contact



#### Registration

Free of charge:

For further information please see:  
<https://bit.ly/3mXul1A>



#### Target group

This e-learning module is designed for junior to senior level healthcare professionals in general and medical specialists and nursing staff working in the field of paediatrics, neonatology or infant nutrition in particular, and those wishing to update their scientific knowledge on the topic.



#### Technical settings

The e-learning module is accessible via PC/laptop and tablets. The use of a smartphone is not recommended. A high-speed internet connection is required.



#### Data protection

By registering, you provide EFCNI with data that will be collected and processed for the purpose of handling and implementation. Data will only be passed on to the relevant departments of EFCNI and, if necessary, to service providers. EFCNI guarantees an adequate protection with regard to transmitted personal data. Further information on data protection can be found on [www.efcni.org/dataprotection](http://www.efcni.org/dataprotection).

### Organiser

**EFCNI** european foundation for  
the care of newborn infants

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CME ACCREDITED BY THE  
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MEDICAL EDUCATION  
(EACCME).**