



From the Power of Programming conference in Munich to the EAPS 2016 in Geneva, autumn time is congress time. Exchanging views and new findings is crucial to spread medical progress. Lifelong education and training of healthcare professionals is the next step to improve the situation for preterm infants. Speaking of which, World Prematurity Day is getting closer and we have launched new material to download free of cost. Beyond this, we proudly present our updated image folder.



Your EFCNI team

New EFCNI image folder available

We proudly present our updated image folder *For the best start in life* with new content and a modern layout. As all of the EFCNI material, you can download this brochure for free on our website.

[Download the image folder](#)



Happy birthday, SHIPS project!

In September 2015, the *Screening to improve Health In very Preterm infants in Europe (SHIPS)* project started. It aims to improve follow-up programmes in Europe. EFCNI is contributing to the SHIPS project by providing a link between researchers and parents. This year, the SHIPS programme celebrated its first anniversary – time for a recap.

[View more](#)



Nutrition and Nurture in Infancy and Childhood conference in Sweden

EFCNI Chair Silke Mader had the opportunity to speak at the *Nutrition and Nurture in Infancy and Childhood conference* from 23 to 25 August at *Dalarna University* in Sweden. The congress focused on bio-cultural perspectives on nutrition and nurture in infancy and childhood, including topics like breastfeeding of preterm infants or healthy maternal nutrition.

[View more](#) (Dalarna University)



Welcome to our network: ALL Ladies

League

ALL Ladies League (ALL) is the world's largest international network of women from across the world and only as such a global women's chamber connecting women of inspiration from ALL countries and cultures. It is a movement for the Welfare, Wealth, and Wellbeing of ALL with 30,000 members across 110 countries.

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Welcome to our new collaboration partner: BKKÖ

The professional society *Berufsverband Kinderkrankenpflege Österreich (BKKÖ)* was founded in 1997, in order to maintain a customised basic training for child and youth care facilities with the overall goal to guarantee and improve the care and support of children and young adults, as well as their families. BKKÖ provides its professional expertise in this field to achieve new ways of development in training.

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Berufsverband



Factsheet on European Standards of Care for Newborn Health project

The *European Standards of Care for Newborn Health* project at a glance: We're happy to present you our new factsheet. It includes reader-friendly information on the scope and structure of the project, a brief project description, motivation & aim, and its supporting organisations.

[Download the factsheet](#)



A Strong Start for Little Heroes

We are overwhelmed by the great response on our large-scale initiative on this year's World Prematurity Day: More than 150 hospitals with neonatal intensive care units in Germany and Austria have registered for Strong Start for Little Heroes and will benefit from a diverse action package for the celebration of their event.

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New members of the EFCNI Scientific Advisory Board

We are glad to continue our series about the new members of the EFCNI Scientific Advisory Board. We highly appreciate the participation of the international experts.

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EFCNI Scientific Advisory Board: Welcome Professor Boubou Halberg

New strategies for preventing neonatal brain injury: Boubou Hallberg (MD, PhD) is the Head of Neonatology at the Neonatal Department at the Karolinska Institute and Karolinska University Hospital. His research focuses on new strategies for preventing neonatal brain injury.

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EFCNI Scientific Advisory Board: Welcome Dr Agnes van den Hoogen

Educating nurses and midwives: Dr Agnes van den Hoogen is a nurse scientist at the University Medical Centre of Utrecht (UMCU) – Wilhelmina Children’s Hospital in Utrecht, The Netherlands. She is qualified in education, teaches at the University of Utrecht and is engaged in various educational activities.

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EFCNI Scientific Advisory Board: Welcome Monique Oude Reimer-van Kilsdonk

Fighter for individualised developmental care: Monique Oude Reimer is a NIDCAP consultant at the *Erasmus MC-Sophia Children’s Hospital*, Rotterdam, The Netherlands, and Co-director of the *Sophia NIDCAP Training Centre*, Rotterdam. She completed her NIDCAP training in 2000 in Lund, Sweden.

[View more](#)



EFCNI Scientific Advisory Board: Welcome Dr Charles Christoph Roehr

Improving non-invasive respiratory support/ ventilation (NIV) methods: Charles Christoph Roehr studied Medicine in Berlin, where he graduated as Neonatal Specialist at the Charité University Medical Centre Berlin in 2009. He has an M.D. in *Pediatric Allergy Immunology and Pulmonology*, and a PhD in *Neonatal Medicine on Non-invasive respiratory support of Neonates*.

[View more](#)



The countdown for World

Prematurity Day has begun

In less than six weeks, we will celebrate the 6th World Prematurity Day. Many events around the world will be organised. Please take a look at our updated World Prematurity Day section with new material such as cutting patterns for a socks line or knitting instructions. It is important to show the world the united voice of all those committed to preterm babies and their families: Please help us in putting together a complete review of the worldwide activities, by taking part in our [survey](#).

[View more](#)



Podcast interview

In his podcast, entrepreneur and coach Klaus Nigel Pertl interviewed EFCNI Chairwoman Silke Mader and talked to her about her personal story, the beginning of the foundation, and about how she maintains her daily motivation as a social entrepreneur.

[Listen to the podcast](#) (in German)



Follow us on Instagram

We are happy to present you our new EFCNI Instagram account! Follow us and stay up-to-date on our events, meetings, and things to know about newborn health, preterm birth, pregnancy, and much more.

[Follow us on Instagram](#)



New colleague for EFCNI: Barbara Maria Bürkin

EFCNI warmly welcomes Barbara Maria Bürkin as the new *Project Manager Standards of Care for Newborn Health*. Barbara studied Health Education and completed with a Master Degree in Public Health (M.Sc.) in Berlin, Germany. She joined EFCNI this September.

[View more](#)



Power of Programming 2016

Power of Programming 2016 – the international conference on Developmental Origins of Adiposity and Long-term Health will take place from 13 to 15 October 2016 in Munich, Germany. International experts from clinical science, basic research and epidemiological studies are brought together with a joint focus on



long term consequences of early nutrition and lifestyle factors on obesity and related disorders. EFCNI will be there with their booth.

[View more](#)

Meet EFCNI @ these congresses

We will participate in several [congresses](#) within the coming months and would be happy to see you there!

Meet the EFCNI team @



- [*Conference The Power of Programming 2016 – Developmental Origins of Adiposity and Long-term Health*](#) from 13 to 15 October 2016 in Munich, Germany
- [*6th Congress of the European Academy of Paediatric Societies*](#) from 22 to 25 October 2016 in Geneva, Switzerland
- [*Global conference on maternal infant health*](#) from 4 to 6 November 2016 in Florence, Italy

Guest articles featuring Education & training

We learn our whole life. In September, we addressed the newborn health issue of *Education and training of the multidisciplinary team working in neonatology*. Well-known experts contributed to this field with guest articles. Among others, we introduced platforms for education for advanced training and featured remarkable activities of our partnering (parent) organisations. Stay curious and keep on learning!

- [*Family- and Infant Neurodevelopmental Education \(FINE\) training workshop*](#)
- [*Hot Topics in Neonatology initiative in Spain*](#), by Professor Manuel Sánchez Luna
- [*Online education in neonatology - the NOTE Collaboration*](#), by Dr Mike Hall and Susan Smith
- [*Lifelong learning of nurses and midwives is the key for better outcomes*](#), by Professor Linda Johnston and Dr Agnes van den Hoogen
- [*Training in developmental care – NIDCAP in France*](#), by Professor Jacques Sizun
- [*Educating parents: advanced trainings in France*](#), by SOS Préma
- [*Education and training the multidisciplinary team working in neonatology*](#), by Mandy Daly



Education and training of the multidisciplinary team working in neonatology

EFCNI

Interview on education & training

Lifelong learning in the field of neonatology is a key for saving lives. This month, we asked Professor Linda Johnston, Canada and Dr Agnes van den Hoogen, two of the Chair Team of the Topic Expert

Group on *Education and training of the multidisciplinary team working in neonatology*, some questions on important issues in the field.

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Emotion in motion

There are a lot of positive things going on with our Mexican partner organisation *Con Amor Venceras*. This summer, their organisation did not only appear in the [Mexican telenovela](#) 'Lo que callamos las mujeres' ('What women keep in silence'); but they were also nominated as one of the best 500 sustainable, social and environmental projects at the [Premios Latinoamérica Verde](#).

[View more](#)



The care of preterm infants from the perspective of parents

How can we increase the involvement of parents in neonatal care? This was one of the most important questions during the *14th Congress of the Hungarian Society of Perinatology*. As part of the conference, the Hungarian partner organisation *Melletted a helyem Egyesület* gave a well-received symposium on the care of preterm infants from the perspective of parents.

- [Congress report](#)
- [Review of the symposium by Melletted a helyem Egyesület](#)



Happy birthday Neišnešiotukas

Our partnering parent organisation Neišnešiotukas from Lithuania is celebrating its fourth birthday. During the past four years, Neišnešiotukas has improved the situation for preterm born infants in Lithuania in a remarkable way. We wish the organisation all the best for the future. Congratulations!

[View more](#) (in Lithuanian)



When hard work pays off – Malicek is expanding

'We are very happy and proud that our small parent organisation is expanding', says Iveta Jancoková from the Slovakian parent organisation *Malicek*. With the friendly support of committed NICU nurses and the help of volunteers, they organised a great summer event and started new cooperations, for example in Kosice, the second largest city in Slovakia.



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Art exhibition by EFCNI patron René Böll

We have the great pleasure to draw your attention to an exhibition of the artist René Böll, a patron of EFCNI. His exhibition '*Finsheen – ein Dorf verschwand*' in cooperation with *Solinger Kunstverein e.V.* can be seen from 4 to 28 October 2016 in the town church of Solingen, Germany.



[View more](#)

neoApp - an app for parents made in Germany

Digital support for parents of preterm infants: Professor Mario Rüdiger, chairman of the German Foundation for Sick Newborns (*Deutsche Stiftung Kranke Neugeborene*) handed over 500 free access codes for the mobile app "neoapp" to the Altona Children's Hospital of Hamburg. With this digital diary parents can save memories, photographs and individual data of the infant.



[View more](#) (Facebook)

Improving the quality of medical services for preterm infants

It was a great pleasure for EFCNI to participate in the *National Congress on Neonatology* in Tirgu-Mures, Romania, from 22 to 24 September 2016. Diana Calin Gamulescu from our collaborating parent organisation *Asociatia Unu si Unu* and Silke Mader were invited to give an insight into the work of their foundations.



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Workshop for Austrian parent organisation

At the beginning of September, EFCNI had the honour to welcome members from the Austrian parent organisation *Verein Früh-R-Leben Salzburg* for a one-day workshop on *How to build up a patient organisation*. The participating parents and healthcare professionals received an advanced training in different fields such as fundraising and cooperation with industry partners

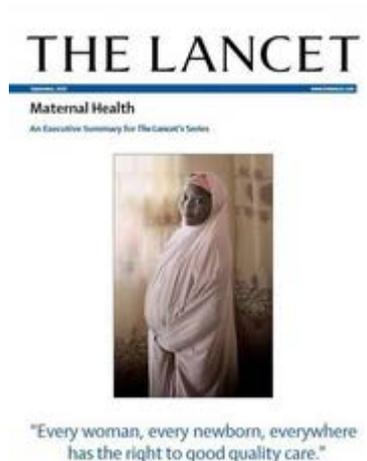


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Launch of 2016 Lancet Maternal Health Series

The Lancet recently published the *2016 Lancet Maternal Health Series*. The six papers bring together their knowledge of maternal health, its epidemiology, successes, and current failings together. The guiding message of the series is 'Every woman, every newborn, everywhere has the right to good quality care.'

[View more](#) (The Lancet)



Systematic review comparing noninvasive ventilation strategies

One of the major factors contributing to long-term breathing problems in preterm infants is lung injury from too much pressure and expansion from the breathing machine with a larger breathing tube in the windpipe. A systematic review by Isayama et al., recently published in the *Journal of American Medical Association (JAMA)*, compared seven different noninvasive ventilation strategies based on data collected from preterm infants.

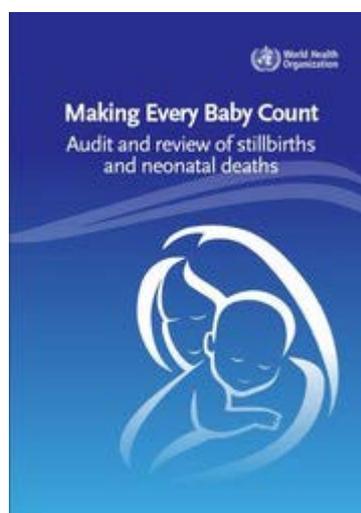
[View more](#)



Improving data on stillbirths and maternal and neonatal deaths

To take effective and timely actions to prevent maternal and neonatal deaths, it is important for countries to know the true number and the causes of these deaths. In August, the *World Health Organization (WHO)* launched three publications to help countries improve their data on stillbirths and maternal and neonatal deaths.

[View more](#)



Efficacy of co-bedding on preterm twin co-regulation and safety

A randomised controlled study by neonatal nursing expert Kathryn Hayward and her study team, based at the IWK Health Centre and Dalhousie University in Canada, evaluated the efficacy of co-bedding on preterm twin co-regulation and safety over time.

[View more](#)



Parent-infant closeness and

separation

A qualitative study published in BMC Pediatrics, explored what parents and nurses do to promote parent-infant closeness or provoke separation from the perspective of nurses. Its purpose: using qualitative methods were used to obtain an understanding of closeness and separation.

[View more](#)



Autumn time: RSV is on the rise

On the occasion of the newborn health topic *Patient safety and hygiene practice* we want to emphasise that with decreasing temperatures one virus is on the rise – the *Respiratory Syncytial Virus* or RSV. Preterm babies or those with heart diseases or a tendency to lung infections could be at greater risk of falling more seriously ill, if infected with RSV. People in close contact to preterm infants should pay particular attention to their (hand) hygiene.

[View more](#)



Mark your calendar

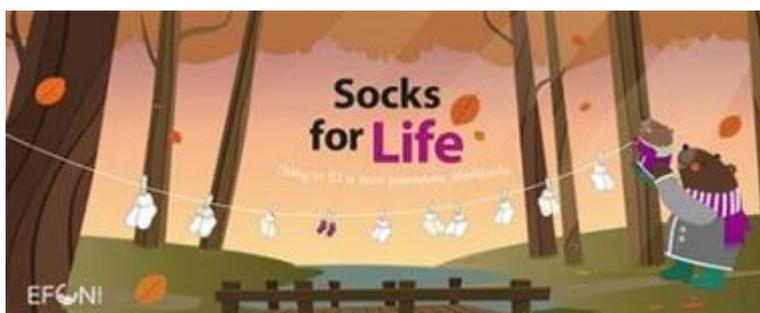
Receive an overview on [congresses and conferences in 2016](#) and find out where to meet EFCNI.

[Awareness days in 2016](#)



Pleasant autumn!

EFCNI wishes you many golden days in autumn.



Special thanks to our corporate partners for their kind support:



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