



Welcome back after the summer break. We hope you all had a wonderful holiday. Autumn and some big events are just around the corner. As co-organisers of the 1st Congress of joint European Neonatal Societies (jENS), we would be pleased to meet you in Budapest, Hungary. We are convinced that the outstanding faculty and the multifaceted programme will make jENS a truly memorable conference. Don't miss to check our website for regular updates on the congress and beyond, as well as our brand new section on breastfeeding and nutrition of preterm infants.



Your EFCNI team

1st Congress of joint European Neonatal Societies (jENS)

With 11 pre-congress courses, five master classes, 9 plenary sessions, 18 poster sessions, 2 satellite symposia, and 29 parallel sessions, the 2015 jENS programme in Budapest, Hungary, covers a wide variety of topics and surely offers interesting sessions for everyone. The topics of the parallel sessions include *Brain*, *Cardiovascular system*, *Ethics*, *Epidemiology*, *Genetics*, *Pharmacology* and *Respiratory support* to only name a few. Also on the agenda are sessions on *Dealing with death*, *NICU design* and *Family-centred care*. We are sure there will be a wealth of insights and knowledge for all participants. We expect a stimulating conference.

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EFCNI at jENS 2015

At EFCNI we are very much looking forward to the start of the jENS congress – our first European congress as co-organisers. It is a pleasure to see such a multifaceted programme. We would like to draw attention to some topics which are particularly exciting for us. Among these are the *pre-congress course on family-centred care*, the *pre-course for nurses* and the *parallel sessions on Dealing with death*, *Patient-centred and developmentally supportive care*, *Human milk for the smallest: Breast-feeding in the NICU*, and *Communication between parents and neonatal professionals*. Without doubt, another highlight will be the entire opening event and the international kick-off of our campaign Socks for Life.

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New factsheet on breastfeeding and



nutrition of preterm infants

Breastfeeding supports immunity, growth and development, and fits best to newborns' special nutritional needs. It is the optimal choice for both term and preterm infants' nutrition. In a new factsheet and a special section on our website, we provide useful information on questions concerning breastfeeding of preterm infants, their special nutritional needs, feeding abilities, and breastfeeding at home. Our heartfelt thanks goes to Professor Mary Fewtrell for supporting us with her excellent scientific advice.

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Help protect your child from RSV

Respiratory syncytial virus, or RSV, is a respiratory virus that infects the lungs and breathing passages. It is common during fall, winter and spring. It usually causes mild, cold-like symptoms. But RSV can be serious, especially for higher risk infants, like former preterm babies, and can cause severe lung infections. Find out more on our website on how to reduce the risk of an RSV infection by following some prevention tips.

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Socks for Life campaign

Socks for Life is a worldwide campaign where people join forces to make a difference for preterm babies, their families, and the care teams around the babies. The Socks for Life campaign is an initiative by EFCNI and national parent organisations around the world, powered by EFCNI. The umbrella campaign is kindly supported by Dräger. The Socks for Life campaign will have its international kick-off at the 1st Congress of joint European Neonatal Societies (jENS) in Budapest, Hungary. The jENS congress visitors will learn more about the campaign and how to join.

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World Prematurity Day 17 November 2015

How to join World Prematurity Day 2015? There are special sections on our website with a toolkit in English and German and material free of charge in 35 languages. To visualise the difference you make, we warmly invite you to add your event or activity to the new EFCNI Changemaker Map.

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Meet EFCNI @ these congresses

We will participate in several congresses within the coming months and would be happy to see you there! Meet us @

- booth no. 2 at the [1st Congress of joint European Neonatal Societies \(jENS\)](#) from 16 to 20 September in Budapest,



Hungary

- the 5th [Scientific Symposium of the European Association for Developmental Care](#) from 1 to 2 October in Brescia, Italy
- the [Second Transatlantic Conference on Personalized Medicine](#) from 8 to 9 October in Rotterdam, the Netherlands
- the 6th [Congress Congress of the Association of pediatricians of Macedonia](#) from 8 to 11 October in Struga, Macedonia
- the 12th [World Congress of Perinatal Medicine](#) from 3 to 6 November in Madrid, Spain
- the [German Congress on Perinatal Medicine \(DGMP\)](#) from 1 to 3 December in Berlin, Germany

Close Collaboration with Parents training programme from Finland

Close Collaboration with Parents (CC) is a systematic training programme for the multidisciplinary staff of a neonatal intensive care unit (NICU). The CC programme is targeted for the whole staff of a unit and based on the assumption that parental care and the emerging relationship with the parents are crucial for the development of the newborn infant. In their guest article, psychologist Sari Ahlqvist-Björkroth, Professor Zack Boukydis, and Professor Liisa Lehtonen describe the programme and their experiences from the implementation of the programme in seven NICUs.

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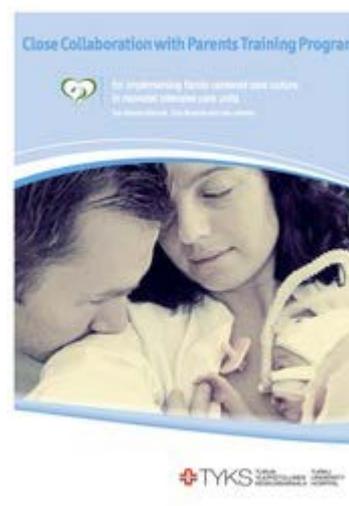
Special edition of Peppa Pig stickers to support Ilitominon

The Greek parent organisation Ilitominon now collaborates with Peppa Pig and Entertainment One Licensing. A special edition of Peppa Pig stickers is produced and sold on the Greek market. The proceeds from the sale of the stickers will benefit the work of the organisation Ilitominon. Our congratulations to this innovative approach to charity marketing!

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Unu si Unu launches first Romanian guide on preterm birth

Our partnering parent organisation Unu si Unu launched the first Romanian guide for parents of preterm infants at the Romanian health ministry in Bucharest. Experts in the fields of gynaecology, neonatology, and psychology contributed to this booklet. Parents of preterm infants and healthcare professionals find useful information on questions relating to the NICU and preterm birth in general. The



guide is available free of charge and will be distributed on more than 60 hospitals all over Romania.

[View more \(in Romanian\)](#)

New e-learning Module: Nutritional Care of Preterm Infants

The Early Nutrition eAcademy (ENeA) launched a new e-learning module for healthcare professionals with a focus on nutritional care of preterm infants. In this module, the currently existing evidence on nutrient requirements and clinical practice of nutritional care for preterm babies is addressed in detail. Additionally, an overview of preterm birth demographics, causes and consequences is given. This module is completely free of charge and has also been accredited by the German Medical Association with 9 CME credits.

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New Global Strategy for Women's, Children's and Adolescents' Health

The updated Global Strategy for Women's, Children's and Adolescents' Health (2016-2030) will be launched in September in New York on occasion of the 70th session of the UN General Assembly and the Sustainable Development Summit.

The Global Strategy is a bold new roadmap for ending all preventable maternal, newborn and child deaths, including stillbirths, by 2030, and improving their overall health and well-being. EFCNI is among the institutions that endorsed the statement developed by the Post 2015 Working Group in preparation of the renewed agenda.

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New WHO recommendations to improve preterm birth outcomes

The World Health Organisation (WHO) recently launched new recommendations on interventions to improve pregnancy outcomes of women at risk of preterm birth as well as neonatal outcomes of preterm infants. EFCNI contributed to these guidelines as a member of the Guideline Development Group, represented by Silke Mader.

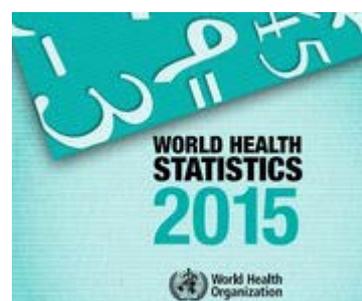
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World Health Statistics 2015

The WHO Department of Health Statistics and Information Systems of the Health Systems and Innovation Cluster recently published the annual report on health-related data from 194 member states. They also evaluated the current status and trends towards achieving the Millennium Development Goals (MDGs) for all countries.

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Hypoxemia and related outcomes of preterm infants

A new paper published by Poets and colleagues from the Department of Neonatology at the Tuebingen University Hospital in Germany investigated the association between hypoxemia or bradycardia and late death or disability in extremely preterm infants. The research group found a statistically significant association between hypoxemic episodes and an increased risk for late death or disability in preterm infants at the age of 18 months.

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Choosing Wisely campaign studies interventions in newborn medicine

The *Choosing Wisely Top Five* were published in *Pediatrics* by Ho and colleagues in August. The aim of this campaign, initiated by the ABIM Foundation, was to identify tests and treatments that lead to health care spending and are not justifiable based on the current evidence in newborn medicine. A panel of 51 experts discussed a list of preselected interventions. They achieved consensus including five evitable treatments and tests in the most vulnerable patient group.

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New German review article about elective caesarean section

A review article about indications for and risk of elective caesarean section was published in the "Deutsches Ärzteblatt International" by Mylonas and Friese from the Ludwig-Maximilian-University in Munich, Germany. They found increased rates of caesarean section due to changing risk profiles of the mother and the unborn child in Germany. A higher acceptance of elective caesarean section rates may also be explained by scientific advances and cultural and social changes.

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Review of guidelines for the management of preterm birth

Guillén and colleagues from the Division of Neonatology at the Christiana Care Health System in Delaware, US, recently launched new guidelines for the management of extremely preterm delivery based on a systematic review. Their search yielded 34 management guidelines with varying recommendations for infants born between 23 and 24 weeks of gestational age. However, they agree in general on supporting comfort care at 22 weeks and active care at 25 weeks gestational age.

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PEDIATRICS
OFFICIAL JOURNAL OF THE AMERICAN ACADEMY OF PEDIATRICS

Survey article on early onset neonatal sepsis

Bedford Russell and Kumar wrote a survey article on diagnosis and practical management of early onset neonatal sepsis published in the ADC Foetal & Neonatal edition. The authors report current epidemiologic data and causes of neonatal sepsis. Additionally, they summarise clinical indicators and risk factors and describe diagnostic tests followed by a detailed evaluation of those. Finally, therapeutic options are listed in the paper.

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RSV in the next decade: An outlook

A new article by Polack published in Vaccine looks at the changing landscape of RSV. In recent years, many initiatives started to develop preventive and therapeutic measures against the virus. Such novel preventative strategies against RSV have the potential to lead to significant changes in the epidemiology, clinical manifestations, and severe consequences of lower respiratory tract infections in the next decade. The article discusses potential effects and scenarios that may emerge once preventative measures will have been developed.

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Mark your calendar

Receive an overview on [congresses and conferences in 2015](#) and find out where to meet EFCNI.

[Awareness days in 2015](#)



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